
T A L E - What about us? Athlete Co-Researcher Training

- Handout -

Additional Information on Qualitative Research

Foundations of Qualitative Research I

Part 1: What is qualitative research?

<https://www.youtube.com/watch?v=qH0XvEe6DzI>

Part 2: Meaning and meaning-making in Big Q qualitative research

<https://www.youtube.com/watch?v=p25syq5NKcU>

Foundations of Qualitative Research II

Part 1: Key characteristics of qualitative research

<https://www.youtube.com/watch?v=-XWrpqPrHPk>

Qualitative Research Design

Part 1: Design principles and research questions

<https://www.youtube.com/watch?v=almmMwToZ3w>

Part 2: Methods of data collection, 'sampling' and recruitment

https://www.youtube.com/watch?v=rRi_pyHlwNs

Part 3: Data analysis and ethics

<https://www.youtube.com/watch?v=mMU7-r9lyBM>

Books & Articles

Kvale, S. and Brinkmann, S. (2015). Interviews: Learning the Craft of Qualitative Research Interviewing. 3rd Ed., Sage Publications, Thousand Oaks, CA.

Randall, W. L. & Phoenix, C. (2009). The problem with truth in qualitative interviews: reflections from a narrative perspective. *Qualitative Research in Sport and Exercise*, 1(2), 125-140, doi:10.1080/19398440902908993.

Smith, B. & Sparkes, A. (2016). Interviews: Qualitative interviewing in the sport and exercise sciences. In B. Smith & A. Sparkes (Eds.), *Routledge Handbook of Qualitative Research in Sport and Exercise* (pp. 103-123). Routledge.

https://www.researchgate.net/publication/311443221_Interviews_Qualitative_interviewing_in_the_sport_and_exercise_sciences

Thiel, A., John, J. & Frahsa, A. (2019). Qualitative interviews in sport and physical activity research – do not forget the body. *European Journal for Sport and Society*, 16(1), 1-4, doi:10.1080/16138171.2019.1616423.

Further Probing and Clarification Questions

Generally

Encourage interviewee to go on with description by nodding, “yes” / “mhm” or simply staying silent (active listening)

Probing & Specifying Questions

“Tell me more about ...”

“Could you elaborate on that further?”

“Could you describe this in more detail / give a more detailed description of what happened?”

“Could you share an example / further examples of this?”

“Can you walk me through (e.g., how you arrived at that conclusion)?”

“How did you come to that decision?” / “What led you to ...?”

“What do you think might have happened if ...?”

“What did you actually do when ...?”

“How did you feel about that experience?”

“How was that for you?”

Direct Questions

“When you mentioned ..., do you then think of ...?”

“In what way did ... influence ...?”

Indirect Questions

“How do you believe other athletes regard ...?”

Clarification Questions

“Can you provide some background information on that situation?”/ “What was the context or circumstances at that time?”

“Can you tell me what you mean by ...?”

“Can you help me understand the connection between ...?”

“I’m not sure I fully understand. Can you explain it in a different way?”

Structuring Phrases and Questions

“Thank you so much for sharing those experiences, that’s really helpful.”

“Thank you, that has been really insightful.”

“Before I move on to the second/third topic, do you have any other comments to add?”

“I would now like to introduce another topic.”

“Can I now introduce the next topic?”

“If we can now focus our attention on ... in particular ...”

“I’m particularly interested in ...”

Organisational Tasks

BEFORE THE INTERVIEW:

- Schedule interview with participant
- Set up online meeting and share access link with interviewee
- If you use Zoom: disable cloud recording (see instructions below; if you need to use a different platform, please contact us)
- Test your technical set-up (microphone & camera, headset, audio-recording)
- Prepare back-up recorder (e.g., phone)
- Record interview both via video-conferencing platform AND back-up recorder
- Obtain verbal consent on record

Make sure battery is full and there's enough storage space on recorder AND computer

AFTER THE INTERVIEW:

- Stop both recordings
- Wait for conversion of recording after closing meeting
- Save audio-recording (.m4a) locally and check to ensure the entire recording can be heard
- Upload audio file to the secure data server and notify the research team of doing so
- After confirmation: delete all recordings from ANY device (computer & back-up recorder)
- Write a narrative reflection for each interview using the structure and suggestions provided in the training video
- Optional: reflect and make notes on your interviewing technique (What went well? What would you like to work on during the next conversation? You are welcome to use the guiding questions from the video)

Wait for confirmation from our research team

If you feel you need any help, have any questions or would just like to discuss the interview with someone, please feel free to contact me or my colleague Andrew Heyes at Leeds Beckett University.



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1. HOW TO DISABLE ZOOM CLOUD RECORDING

To disable cloud recording for all users in the account:

1. Sign in to the Zoom web portal as an admin with the privilege to edit account settings
<https://zoom.us/signin#/login>
2. In the navigation menu, click Account Management then Account Settings
3. Click the Recording tab
4. Click the Cloud Recording toggle to disable it
5. If a verification dialog appears, click Enable / Disable to verify the change

<https://support.zoom.us/hc/en-us/articles/360060231472>

The screenshot shows the Zoom web portal account settings page. The left sidebar contains a navigation menu with 'Settings' highlighted in blue and circled in red, with a '2.' next to it. The main content area shows the 'Recording' tab selected, also circled in red with a '3.' next to it. Under the 'Recording' section, there are two toggle switches: 'Local recording' (which is turned on) and 'Cloud recording' (which is turned off and circled in red with a '4.' next to it). The 'Cloud recording' toggle is labeled 'Locked by admin'.



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